

The Skin Center Wailea

FITZPATRICK SKIN TYPE WORKSHEET

Name: _____ Date: _____

SCORE		0	1	2	3	4
	What is the color of your eyes?	Light Blue, Gray or Green	Blue, Gray, or Green	Blue	Dark Brown	Brownish Black
	What is your natural hair color	Sandy red	Blond	Chestnut Dark Blond	Dark Brown	Black
	Do you have Freckles on Sun exposed areas?	Many	Several	Few	Incidental	None
	What happens when you stay in the sun too long?	Painful, Redness, Blistering, Peeling	Blistering Followed	Burns sometimes followed by peeling	Rarely Burns	Never Burns
	To what degree do you turn brown	Hardly or Not at all	Light color tan	Reasonable tan	Tan very easily	Turn dark brown quickly
	Do you turn brown several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always
	How does your face respond to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never had a problem
	When did you last expose yourself to tanning beds or self-tanning creams?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than 1 month ago	Less than 2 weeks ago
	What is the color of your exposed skin?	Reddish	Very pale	Pale with beige tint	Light brown	Dark brown
	Do you expose the area to be teated to the sun?	Never	Hardly ever	Sometimes	Often	Always

TOTAL SCORE	SCORE FITZPATRICK SKIN TYPE	0-7	8-16	17-25	26-30	Over 30
		I	II	III	IV	V-VI

What is your ethnic background? _____

Notes: _____

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