

IPL (Intense Pulsed Light, for redness or pigmented lesions)

Pre-treatment Instructions

Discontinue the use of Acutane or any systemic acne medications 6 months prior to treatment. Consult with your prescribing physician prior to doing so.

Discontinue the use of exfoliating creams and other exfoliating products such as, Tretinoin, Retin-A, Renova, Differin, Tazarac, Epiduo and other topical retinoids, 2 weeks prior and during the entire treatment course.

Botox and dermal filler procedures must be administered at least two weeks prior to treatment.

Use a daily 50 SPF sunscreen and avoid indoor/outdoor tanning and self-tanners 4 weeks prior and have no direct sun exposure 2 weeks before treatment. Continue to completely avoid direct sun exposure throughout the course of treatments and 4-6 weeks after your last session. This will reduce the chance of skin color changes and manifestation of new, pigmented lesions. Protect area to be treated with clothing or a hat and always use SPF of 50 or higher daily.

If currently taking anti-coagulating medications, blood thinning medications/supplements, systemic steroids and/or photosensitizing medications, candidates should discontinue use 2 weeks prior to and throughout treatment course or as determined by prescribing physician.

Note that discontinuing use of prescribed anti-coagulants and photosensitizing and systemic steroid medications should only be done with the approval of the prescribing physician.

If prone to Herpetic breakouts in treatment area there is a risk this treatment may stimulate a breakout. Consult your physician about preventative medications prior to treatment.

Diabetics must have clearance for this treatment from their primary care physician.

Any previous treated or diagnosed cancer or pre-cancerous lesions in the area being treated, need a written clearance from the diagnosing Oncologist or Dermatologist before the scheduling of any IPL treatment.

Those with menstrual dysfunction, such as Polycystic Ovarian Syndrome and/or ovarian hyperandrogenism, may have unpredictable results. Consult your primary care physician prior to a light-based treatment.