

PicoSure Skin Renewal Pre-Treatment Instructions

- No sun exposure 7 days prior to the treatment, and no active tan. Use 50 SPF sunscreen daily before your treatment and limit direct sun exposure by using hats or stay in the shade.
- Discontinue any Retinol, Retin A, Acne medications or exfoliants containing AHA or BHA 2 weeks prior to treatment.
- Wait 2 weeks post Botox or Fillers.
- If darker skin type, use of Pigment Inhibitor topical is recommended 2-4 weeks prior and through the course of treatments: Recommended is Advanced Pigment corrector by Skin Ceuticals, and Pearl by NEO Cutis. Prescription strength formulas also can be prescribed by your physician.
- If currently taking anti-coagulating medications, blood thinning medications/supplements, antiplatelets, thrombolytics, anti-inflammatories or fish oil, candidates should discontinue use 2 weeks prior to treatment as determined by prescribing physician.
Not that discontinuing use of prescribed anti-coagulants should only be done with the approval of the prescribing physician.
- Purchase in advance or have on hand
 1. Flexible ice packs
 2. Gentle Cleanser, Skin Ceuticals or Cetiphil
 3. Non irritating moisturizer, Epidermal repair, or CeraV'e PM
 4. Antihistamine such as Benadryl or Allegra