

Pre-Treatment tattoo removal

Precautions to take before your laser treatment:

- No sun exposure, tanning beds and sunless tanning cream for 4 weeks prior to treatment. Sun exposure decreases the effectiveness of the laser treatment and can increase the chance of post-treatment complications.
- Use a broad spectrum UVA/UVB sunscreen with an SPF 50. Apply to the treated area every 2 hours when exposed to the sun and it is recommended to make this a part of your skin care routine.
- Physical blocks such as clothing, athletic tape or sleeves are recommended to be used 2 weeks prior to treatment to lessen any unwanted side effects such as pigment changes.
- Avoid taking any blood thinners before your treatment such as Aleve, Ibuprofen, or Aspirin as this may cause pinpoint bleeding underneath the treatment area, this does not affect the treatment outcome but may take longer to heal. Alcohol is also a blood thinner.
- Shave the area that will be treated.